



REGISTRATION NOW OPEN FOR

Winter Sessionals 2023!

\$15.00 Reg. fee for new students.

All classes must have sufficient enrollment to run.

Register through your Parent Portal.

www.kidscandance.ca



Preschool Acro - Ages 3 to 5

Using the Acrobatic Arts syllabus, this class will focus on flexibility, strength, balance, limbering and tumbling while building confidence through the gradual progression of skills.

Attire: Leotard with Footless tights is preferred (convertible or stirrup tights also acceptable) or form fitting t-shirts and shorts with bare feet. Boys should wear form-fitting t-shirts and shorts.

**TUESDAYS 6:00-6:30 PM/
SATURDAYS 10:15-10:45 AM**

January 17, 24, 31, Feb 7, 14, 21, Mar 7, 14 (No class Feb 21)
January 14, 21, 28, Feb 4, 11, 18, Mar 4, 11 (No class Feb 25)

Class fee: \$80+tax

Beginner Acro- Ages 5-8

Using the Acrobatic Arts syllabus, this class will focus on flexibility, strength, balance, limbering and tumbling while building confidence through the gradual progression of skills.

Attire: Leotard with Footless tights is preferred (convertible or stirrup tights also acceptable) or form fitting t-shirts and shorts with bare feet. Boys should wear form-fitting t-shirts and shorts.

TUESDAYS 6:30-7:15 PM/SATURDAYS 11:15-12:00 PM

January 17, 24, 31, Feb 7, 14, 21, Mar 7, 14 (No class Feb 21)
January 14, 21, 28, Feb 4, 11, 18, Mar 4, 11 (No class Feb 25)

Class fee: \$125+tax

Junior Acro- Ages 9-13

Using the Acrobatic Arts syllabus, this class will focus on flexibility, strength, balance, limbering and tumbling while building confidence through the gradual progression of skills.

Attire: Leotard with Footless tights is preferred (convertible or stirrup tights also acceptable) or form fitting t-shirts and shorts with bare feet. Boys should wear form-fitting t-shirts and shorts.

TUESDAYS 7:15-8:00 PM

January 17, 24, 31, Feb 7, 14, 21, Mar 7, 14 (No class Feb 21)

Class fee: \$125+tax

NEW!!!! Hip Hop & Acro Combo Class Sessional- Ages 7 to 12

It's time to get groovy and agile all at the same time! This class will focus on hip hop in a variety of styles as well as Acro Dance movements!

Attire: Dancers will need loose fitting clothing or bodysuits and shorts, hair off their face, indoor runners and a water bottle.

WEDNESDAYS 6:15-7:00 PM

January 18, 25, Feb 1, 8, 15, Mar 1, 8, 15 (No class Feb 22)

Class fee: \$100+tax

Adult Jazz- Ages 18+

No experience necessary!

WEDNESDAYS 7:00-7:45 PM

January 18, 25, Feb 1, 8, 15, Mar 1, 8, 15 (No class Feb 22)

Class fee: \$100+tax

Intro to Dance- Ages 5-8

Intro to Dance is a great way for dancers to try a variety of styles. Dancers will try Jazz, Ballet, Lyrical, Contemporary, Hip Hop and Acro.

Attire: Dancers should wear a bodysuit and tights or leggings and a tight fitting shirt.

THURSDAYS 5:45-6:30 PM

January 19, 26 Feb 2, 9, 16, Mar 2, 9, 16 (No class Feb 23)

Class fee: \$125+tax

Rhythm & Movement - Ages 2.5 to 4

This class involves basic steps while learning how to follow direction and imitate movements. Engaging music is used to inspire and the use of props enables the young dancers to use their imagination, creativity and, most of all, have fun!

Attire: Leotard, Tights and Pink Ballet Slippers are preferred. Boys should wear black ballet slippers with t-shirt and shorts/pants.

SATURDAYS 10:45-11:15 AM

January 14, 21, 28, Feb 4, 11, 18, Mar 4, 11 (No class Feb 25)

Class fee: \$80+tax

Parent & Tot- Ages 18 months-3

This class is a perfect fit for a little person and their adult. This class will focus on an introduction to movement and music through the use of props such as ribbons, wings, shakers, parachutes and more.

SATURDAYS 10:15-10:45 AM/11:15-11:45 AM

January 14, 21, 28, Feb 4, 11, 18, Mar 4, 11 (No class Feb 25)

Class fee: \$80+tax